What is claimed is:

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- 1. A method for stabilizing an optical output of a semiconductor laser, comprising the steps of:
- (a) heating the semiconductor laser with a heater when the semiconductor laser is not in operation; and
- (b) performing one of a first operation of stopping heating of the semiconductor laser and a second operation of decreasing an amount of heat supplied to the semiconductor laser, almost simultaneously with startup of the semiconductor laser.
- 2. A method according to claim 1, wherein said heater heats a vicinity of the semiconductor laser at a heating rate which approximately corresponds to a heat-generation rate at which the semiconductor laser generates heat when the semiconductor laser is in operation, and said first operation is performed almost simultaneously with startup of the semiconductor laser.
- 3. A method according to claim 1, wherein a current lower than an oscillation threshold level of the semiconductor laser is supplied to the semiconductor laser when the semiconductor laser is not in operation.
- 4. A method according to claim 2, wherein a current lower than an oscillation threshold level of the semiconductor laser is supplied to the semiconductor laser when the semiconductor laser is not in operation.
 - 5. A method according to claim 1, wherein said

semiconductor laser is realized by a GaN-based compound semiconductor laser, a multicavity semiconductor laser having a plurality of light-emission points, or a plurality of semiconductor lasers mounted on a common block.

6. A method according to claim 2, wherein said semiconductor laser is realized by a GaN-based compound semiconductor laser, a multicavity semiconductor laser having a plurality of light-emission points, or a plurality of semiconductor lasers mounted on a common block.

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- 7. A method according to claim 3, wherein said semiconductor laser is realized by a GaN-based compound semiconductor laser, a multicavity semiconductor laser having a plurality of light-emission points, or a plurality of semiconductor lasers mounted on a common block.
 - 8. A method according to claim 4, wherein said semiconductor laser is realized by a GaN-based compound semiconductor laser, a multicavity semiconductor laser having a plurality of light-emission points, or a plurality of semiconductor lasers mounted on a common block.
- 9. A method according to claim 1, wherein said heater is realized by a semiconductor laser chip.
 - 10. A method according to claim 2, wherein said heater is realized by a semiconductor laser chip.
- 11. A method according to claim 3, wherein said heater25 is realized by a semiconductor laser chip.
 - 12. A method according to claim 4, wherein said heater

is realized by a semiconductor laser chip.

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- 13. A method according to claim 1, wherein said heater comprises a heating wire or a heating resistor.
- 14. A method according to claim 2, wherein said heater comprises a heating wire or a heating resistor.
 - 15. A method according to claim 3, wherein said heater comprises a heating wire or a heating resistor.
 - 16. A method according to claim 4, wherein said heater comprises a heating wire or a heating resistor.